

INVINCIBLE RIDERS | GRADE 7-8

Newsletter

NOV & DEC — 2023 — VOL 3

Raising the UAE Colors: Flag Day Celebration

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On November 3rd, UAE Flag Day, our school came together in pride and unity. With the assistance of our dedicated student council members - Adam Moh, Ahmed Saeed, Hala Moataza, Aroush Amad - our Principal, Mr. Leonard Murphy, raised the UAE flag high. The four vibrant colors of the flag each hold special meanings: green for goodness and agriculture, white for peace, black for courage and power, and red for power and sovereignty. It was a day filled with symbolism and national spirit.





Students at Excel International School illuminated with pride during the vibrant celebration of the 52nd UAE National Day, uniting to honor the nation's rich heritage and foster a unifying national identity. The school transformed into a center of cultural festivities, echoing the spirit of unity and diversity that defines the UAE. As the community came together to commemorate this significant milestone, the event beautifully highlighted the importance of nurturing a strong national identity among the students at EIS.

Commemoration DAY



Excel International School radiated with patriotism as students commemorated the UAE Commemoration Day, honouring the brave souls who sacrificed for the nation's unity and prosperity. Through solemn ceremonies and heartfelt reflections, the school community came together to pay tribute and strengthen the sense of unity, fostering a deep connection to the enduring spirit of sacrifice that defines the UAE's Commemoration Day.

Children's Day



In a heartwarming celebration of Children's Day, teachers took the stage, delighting their young audience with a lively performance that blended laughter, music, and joy.



A Day Away from School



Children's days out at Al Basra Park for Grade 7 and 8 students were filled with joy and laughter. Accompanied by their teachers, the students, engaged in various fun-filled activities that fostered a sense of community and adventure. This delightful excursion provided a memorable experience, enhancing their bond with classmates and teachers alike.



Unveiling Wonders in Our Curiosity Lab



In the Indicators Experiment, students explore the fascinating realm of chemistry, witnessing colorful transformations that reveal the unique properties of different substances.

The students explore carbohydrate detection in the Curiosity Lab with the Benedict's Solution Experiment, witnessing captivating color changes and gaining insights into chemical reactions.



The students engage in scientific exploration in the Curiosity Lab with the Starch Test Experiment. Witnessing a transformative process, they uncover the presence of starch, deepening their understanding of chemical reactions.



The students explore the moment of force in the Curiosity Lab, learning about balance and turning forces. Through hands-on experiments, they measure and analyze forces, gaining a better understanding of rotational equilibrium.



The students create hot and cold packs in our Chemistry Lab using calcium chloride and ammonium chloride. It's a hands-on way to learn about temperature changes and different reactions.



Students' English Writing Journal

The Relevance of Salam Sylvania in Today's Times

In the heart of uncertainty, where chaos may thrive,
A sanctuary emerges, where our spirits can revive,
Salam Sylvania, the forest of tranquillity,
In its relevance lies a flourishing serenity.

Amidst concrete jungles, filled with constant strife,
Salam Sylvania breathes, offering respite,
Through whispered melodies of the rustling leaves,
It invites weary souls to find solace in its ease.

In these modern times of hustle and rush,
The forest's relevance remains a gentle hush,
A reminder of nature's wisdom, ancient and wise,
Where silence speaks volumes and beauty never dies.

Within its depth, the forest bestows
A peaceful refuge where the mind may repose,
From the worries that burden, the stress that entwines,
Salam Sylvania whispers, "Unwind, realign".

Each step upon its floor, a sacred dance,
A communion with the earth, a chance to enhance
The connection we crave to the world around us,
Salam Sylvania's relevance is forever profound.

So let us heed its call, embrace the forest grace,
Finding peace within ourselves as we embrace,
The relevance of Salam Sylvania, a sanctuary so grand,
In today's times, a refuge that we must understand.

- Malak Salah 8B

An Earthquake Ruined My Birthday

21 March 2023 was the worst day of my life. It was my birthday and I invited my friends to celebrate with me in the park. But little did I know, I was entering hell. In the morning, I woke up from my beauty sleep having the urge to celebrate my birthday as soon as possible.

So, I went and got ready. After wearing my beautiful princess dress, I kept on putting makeup non-stop as if

I were going to my wedding!

After all that drama, I called my friends and we all met at the park. We prepared everything and I was ready to blow my candles. However, all of a sudden, there was a giant wave coming my way. We all got blown away and most of my friends unfortunately had lost their lives. I got injured really badly but it was a miracle that I made it through.

At the end of the day, I was depressed and devastated. It was such a disastrous day.

- Gana 7B

An Earthquake Ruined My Birthday

The day was set for joy and laughter as friends and family gathered to celebrate my birthday. With the sun setting, we found ourselves in the backyard, surrounded by the warm glow of anticipation. The air was filled with excitement until the ground suddenly quivered. What began with a subtle shake quickly escalated into a full-fledged earthquake, transforming our festive gathering into a chaotic scene.

Glasses clattered, walls shattered and my one sturdy birthday cake teetered on the edge and collapsed. Frozen in the unexpected event, I watched as the familiar setting crumbled before my eyes. The quake persisted, disrupting the very essence of the celebration I had eagerly anticipated.

As the tremors subsided, we emerged from the turmoil physically unscathed, but emotionally shaken. The aftermath revealed a shattered landscape of broken decorations and shattered plans. Yet, amidst the wreckage, a fancy sense of gratitude took root. Birthdays, it became clear, were more than just moments, they were stark reminders of life's unpredictability.

Eventually, we found solace not in the planned festivities, but in a shared recognition for resilience. The ruined celebration became a backdrop for the importance of cherishing moments with loved ones, even when life took an unexpected turn.

-Ahmed Said 7A

NICE
JOB!

My Special Glasses

I've hunted near, I've hunted far. I even looked inside the car. I've lost my glasses. I'm in need. I need them now, so I can read. I loudly shout and I curse. Did I leave it in my mother's purse? Maybe there behind the sofa or under the bed.

Oh! There they are... on top of my head!!

- Uzair Ahmad 7A

Students' English Writing Journal



AN EARTHQUAKE RUINED MY BIRTHDAY

Yesterday, my family and I went to Bawadi Mall to celebrate my birthday and to have fun.

As we stepped foot into the mall, I went with my family to various shops to celebrate my special day, having a blast with my family. I hurried through the shops before my family finally prepared the table, where we were going to cut my cake.

As they were cutting my cake, they all were singing a horrible, unsynchronized birthday song to me, which I cringed at. I wished for something to make them quiet until I felt the floor shaking and heard loud screams. There was an earthquake. Security guards and all people rushed out of the building for safety. What a way to celebrate a birthday, tears streaming down from everyone's face and everyone singing turning into one screaming in agony.

At the end of the day, everyone was safe, but I don't think I'll celebrate my birthday ever again, because of these trauma

Aroush Amad 7B

LIFE AS A POPSTAR

I was up at 10 am, at the house in the middle of nowhere. Then I left the house peacefully because no one knew where I was.

Once I left the house and entered the main road, I rushed to buy a disguise. Eventually, the paparazzi started chasing me for my autograph. Happily, my bodyguard stopped them.

My ride to my stardom has taken a long and I'm not ready to give it up for some poor paparazzi. So, I snubbed them and headed to my destination.

After that, I reached the gala to meet my rich fangirls. I was always a topper to fans. Subsequently, I left to the stage for my concert. Concurrently, someone called my name from the crowd.

To recapitulate my day, I want you to know that my popularity has crossed over throughout my years, I have met a lot of artists, but still faced problems with my paparazzi. At nighttime, fall back asleep in my luxurious house in the middle of nowhere.

- Hala Moataz -7B

MARY'S LETTER SILENT HILL

In my restless dreams, I see that town, Silent Hill. You promised you'd take me there again someday, but you never did. I'm alone there now... In our "special place"... waiting for you. Waiting for you to come to see me. But, you never do. And so I wait, wrapped in my cocoon of pain and loneliness. I know I've done a terrible thing to you. Something you'll never forgive me for. I wish I could change that, but I can't. I feel so pathetic and ugly lying here, waiting for you.

Every day, I stare up at the cracks in the ceiling and all I can think about is how unfair it all is... The doctor came today. He told me I could go home for a short stay. It's not that I'm getting better. It's just that this may be my last chance... I think you know what I mean... Even so, I'm glad to be coming home. I've missed you terribly. But, I'm afraid, James. I'm afraid you don't want me to come home. Whenever you come to see me, I can tell how hard it is on you... I don't know if you hate me or pity me... or maybe I just disgust you... I'm sorry about that. When I first learned that I was so angry all the time and I struck out at everyone I loved most. Especially you, James. That's why I understand if you do hate me. But, I want you to know this, James. I'll always love you. Even though our life together had to end like this, I still wouldn't trade it for the world. We had some wonderful years together. Well, this letter has gone on too long, so I'll say goodbye.

I told the nurse to give this to you after I'm gone. That means, that as you read this, I'm already dead. I can't tell you to remember me, but I can't bear for you to forget me. These last few years since I became ill... I'm so sorry for what I did to you, did to us... You've given me so much and I haven't been able to return a single thing. That's why I want you to live for yourself now. Do What's best for you, James. James.... You made me happy...

Isel Mustafa 8B

**Nice
JOB!**

BURGERS

Nowadays, people underestimate how burgers have changed the world. In this essay, I will enlighten you on the multiple world feats burgers have achieved.

First of all, burgers have the most immaculate taste that mankind has ever conceived. All other discoveries pale in comparison. For instance, burgers in many restaurants are famed across the whole menu. It's likely the most ordered item on their whole menu.

Furthermore, burgers have changed society and brought us together as a whole. Not only that, burgers are entirely a different realm compared to the rest of the slop we have made on the culinary platter. To illustrate, burgers are meticulous, considering each of the flavours in every layer. Not only that, the classic burger has made even culinary geniuses enjoy it.

Despite all this, people still say that the majestic burger is an object that continuously destroys people's body from the inside out. On the contrary, the burger is soul food. It helps us produce happiness in our soul. Just the sheer deliciousness is enough to outweigh the cons of burger intake.

In conclusion, burgers are a single piece of ingenuity left in society and it deserves to be respected more. Especially since burgers are entirely genius. I am sure I was able to convince you that burgers are the way to go.

- RON CHRISTIAN 8A

Students' Arabic Article Compositions

لغة ولسانك 29-11-23

النباتات مهمة جداً لخبايانا، أحياناً نرى الأكاسيد يوجد في النباتات العديد من أنواع النباتات المختلفة كلها صويا ومازها، تعد النباتات موقفاً لصحة الإنسان، يمدنا من النباتات، يمدنا من الأشجار هذه النباتات حتى الرطوبة، البرق، الشمس، القمر، النباتات ضرورية للتنوع البيولوجي وإنتاج الأكاسيد وتزويد الكربون.

نستخدم النباتات عملية التمثيل الضوئي لإنتاج غذائنا باستخدام الضوء الأخضر، تحتاج النباتات إلى الماء للبقاء على قيد الحياة وتحتاج إلى ما يكفي من ضوء الشمس.

Yahya Ali - 7A

الأشجار تغطي الأكاسيد وتساعد على إنتاج الأكاسيد
الأشجار تجعل كل مكان تبدو جميلة.
الأشجار تغطي الفواكه التي تستمتع بالأكل.
نبذة تفقرنا مع الظل على الأيام الساخنة والشمس
كحاشيات صحية. تماماً مثل الناس والحيوانات.

Mahnoor Sami - 7B

السلام هو وسيلة للتعبير عن مبادئ يمكن لجميع الأفراد استخدامها من منظور حقوقهم الإنسانية. فهو عنصر أساسي في عملنا جميعاً، فكلنا نريد أن نكون لدينا سلاماً واثقاً. فكلنا نمتلكون مستقبلاً مشتركاً، نحن جميعاً نولد في نفس العالم، نحن جميعاً نملك نفس الأرض، نحن جميعاً نملك نفس السلام، بيننا وبينكم.

فوائد السلام :-

تلعب الصداقة والمساعدة على التكيف في أفكارك انظمة زيادة في إنتاج

Misha Rafiq - 8B

السلام

ما هو السلام؟

السلام هو حالة من الانسجام والهدوء والتعاون من الصراع. إنه عند ما يتعايش الناس سلاماً، ويحترمون حقوق بعضهم البعض ويختارون السلام، فإنه يجب الاستقرار والسعادة وفرصة النمو والتطور. السلام ضروري لتحقيق عالم أفضل للجميع.

ما هي فوائد السلام؟

- الشعور بالأمن والأمان.
- التخلص من الآخريين.
- بناء صداقات قوية.
- إمكانية الوصول إلى المدارس الجيدة والرعاية الصحية.
- توافر العوائد الثقافية للتعليم والتطوير.
- العيش في مجتمع منسجم وسعيد.
- قدر أقل من العنف والحروب.
- المزيد من الفرص للجميع.
- نوعية حياة أفضل.
- تحسين الصحة العقلية والطاقتية.
- زيادة الثقة والتعاون بين الناس.

Fatima Shafqat - 8B

الحيوانات المهددة بالانقراض

تعد تعلم ان هناك بعض الحيوانات اوشكت من الانقراض من هذا عالماً هذا هو هدفنا في هذا المبحث بالحيوانات المهددة بالانقراض.

الانقراض قد ينتج عن نوع معين من الكائنات الحيوانية وذلك بموت أفراد من تلك الكائنات أو النباتات أو الحيوانات. هناك أسباب عدة تساعد على انقراض الحيوانات منها تدمير البيئات الطبيعية، والتدخل البشري، والتغير المناخي، والتلوث، والصيد الجائر، ولكن التدخل البشري هو سبب أكبر من سبب انقراض الحيوانات المهددة بالانقراض. مثل الفيل، النمر، الحيتان، والوحيد القرن.

منذ عام 1948 ونحن نلاحظ انقراض العديد من الحيوانات المهددة بالانقراض في جميع أنحاء العالم. كان يعتقد اننا منقرضين حتى عام 1948 ولكن اكتشافنا انهم لم يمتوا بعد.

منذ ذلك الحين، فقد انقراض العديد من الحيوانات المهددة بالانقراض في جميع أنحاء العالم. هذا هو هدفنا في هذا المبحث بالحيوانات المهددة بالانقراض في جميع أنحاء العالم.

ويعد النمر من الحيوانات المهددة بالانقراض في جميع أنحاء العالم. هذا هو هدفنا في هذا المبحث بالحيوانات المهددة بالانقراض في جميع أنحاء العالم.

وفي النهاية يجب ان نؤكد بالحيوانات المهددة بالانقراض في جميع أنحاء العالم. هذا هو هدفنا في هذا المبحث بالحيوانات المهددة بالانقراض في جميع أنحاء العالم.

Abdelrahman Hesham - 8A

السلام يعني التصبر من الإزعاج.

قدرة أفضل على التركيز، المسلم يهدئ أذهاننا ويسمح لنا برؤية طريقنا بشكل أكثر وضوحاً، مما يساعدنا على التركيز وهدوء أذهاننا. السلام يخلق راحة قوية بين الناس.

السلام يبدأ بالتسامح.

Mosammatt Shaba - 8B

في عالم تتزايد فيه الحروب والصراعات، ينبغي لنا ان نتذكر دائماً قيم السلام والتعاون لدينا. يجلب السلام فوائد عديدة للأفراد، حيث يوفر الاستقرار والأمن والرفاهية الاجتماعية والتعاون وازدهار الاقتصاد والمزيد!

السلام هو حالة من الانسجام تتميز بغياب العنف أو الصراع أو الاضطراب، إنه يمثل حالة يتعايش فيها الأفراد والمجتمعات في هدوء، مما يعزز الاستقرار والرفاهية.

Yusra Zahid - 8B

The Inspiring Class Prefects



Mohamed Motasim
Class Prefect 7A



Abdelrahman Mohamed
Asst. Prefect 7A



Syeda Aamnah
Class Prefect 7B



Aysha Maine
Asst. Prefect 7B



Rayan Muwafaq
Class Prefect 8A



Yousef Majid
Asst. Prefect 8A



Rahaf Mahmoud
Class Prefect 8B



Loujin Ahmed
Asst. Prefect 8B

The Class Prefects and Assistant Prefects have enthusiastically embraced their roles, committing to uphold discipline and serve as inspiring role models for their classes.

Scouts and Student Council in collaboration mode



Scouts and Student Council are teaming up for an initiative. They're practicing together to be prepared for various situations and improve the overall well-being of everyone in school.

Celebrating Student Awards and Achievements

Gathered in proud unity, students showcase their Best Class Award through group camaraderie, encapsulating not only individual achievements but also the collective spirit of excellence that defines their academic community.



Students proudly display their Wild Animal Mask Awards, showcasing both their creativity and love for the animal kingdom through the imaginative masks they crafted.

EIS Mathematician

"We don't see things as they are, we see them as we are."

Miss Ghanaya holds a Master's degree in Mathematics. With 17 years of experience, includes grade 9 and 10 math teacher for 6 years and math HOD for 7 years as they bring a wealth of knowledge and passion for math to her classrooms. She believes in making math not just a subject but an exciting journey.

Ongoing professional development, attending workshops, and conferences, and staying updated on the latest trends in mathematics education are key to her success.

She was honoured with the Educational Rockstar Award, recognizing her outstanding contributions to the field of mathematics education and innovative teaching strategies at EIS. We are proud to have her as a guided force who facilitates our students consistently in achieving above-national-average results in standardized mathematics assessments.

Her commitment to personalized instruction and targeted support has contributed to creating a positive and successful learning environment.

You Rock Ms. Ghanaya!



Editors of the Month



Interhouse Sports Challenge



Basketball Girls Tornadoes House

Yusra Zahid, Hala Moataz, Isel Moustafa,
Loujin Ahmed, Sara Shakil, Maya Moataz

Rockies House

Joudi Jihad, Malek Salah, Aml Osama, Kayla
Nokutenda, Advaita Anand, Aroush Amad

Handball Boys

Winner - Rockies House

Rayan Badawieh, Mohamed Motasim,
Hassan Yousef, Anwar Anas, Abdalla Gaber

Runner up - Rapids House

Ahmad Riad, Omar Mehina, Yousef Majid,
Ahmed Hosam, Ubaidullah Abdul Raziq

Creative Synergy Conclave



The Art & Story Alliance at Excel International School has kicked off with great enthusiasm. In a recent meeting, talented authors and illustrators were paired up to embark on a collaborative journey. The young participants received special appointment letters, igniting their excitement for the upcoming project. During the winter holidays, these budding creators will join forces to craft the captivating introduction of their unique book, fostering creativity, teamwork, and storytelling prowess among them. This initiative promises not only inspiring literary and artistic works but also a source of pride for our entire school community, soon to be showcased in our library.

Board of Governors Meeting



At the Board of Governors meeting, Excel International School discussed its identity, future plans, and highlighted updates on initiatives, concluding with a focus on excellence and continued growth.







Open House


In the recent Open House event at Excel International School, parents connected with devoted teachers. They talked about the school's dynamic learning atmosphere and obtained a deeper understanding of their child's progress, requirements, and skills.



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